



TOGETHER

WE ARE SOLVING HUNGER

FOOD DRIVE

Northern Illinois Food Bank relies on people like you to help us feed our neighbors in need across 13 counties in Northern Illinois. Your support helps achieve our mission to provide nutritious food and resources to our neighbors with dignity, equity and convenience, through partnerships and innovation.

MOST NEEDED ITEMS:

Peanut Butter
Canned Tuna/Chicken (in water)
Whole Grain Pasta and Rice
Cereal and Oatmeal
Dried Beans and Lentils
Canned Fruits (in juice)
Low/Reduced-Sodium Soups,
Sauces and Vegetables
Pasta Sauce
Spices and Seasonings
(no glass jars, please)



**NEIGHBORS.
EMPOWERED.**

\$1 helps provide \$8 worth of groceries
for our neighbors in need

solvehungertoday.org/how-to-help

VOLUNTEER. DONATE. GET INVOLVED.

