

# Sample Team Building Email

To: myfriends@gmail.com; myfamily@email.com; mycoworkers@email.com

Subject: Join Us for the Fight Hunger 5K and Make a Difference!

I'm reaching out to invite you to join me for an exciting and impactful event—the Fight Hunger 5K Walk/Run benefiting Northern Illinois Food Bank! Together, we can help tackle food insecurity for the 1 in 9 people in our community who face hunger every day.

This spring, let's come together as Team [Your Team Name] to run or walk in this meaningful event. Not only will we have a fantastic time, but we'll also be making a real difference in the lives of those in need.

Northern Illinois Food Bank works tirelessly to provide nutritious meals to families and individuals who struggle to put food on the table. Your participation in this event will help them continue their vital work to ensure that no one goes hungry.

Here are the details:

When: Saturday, May 3, 2025 at 8:30 AM - Noon

Where: Cantigny Park, Wheaton

How to Join: Signing up for my team is simple! Just visit [Insert Your Team Registration Link] and choose "Join Team." Or visit [www.SolveHungerToday.org](http://www.SolveHungerToday.org) and choose "Join a Team" and choose our team name as you follow the registration prompts.

The more, the merrier! If our team grows to over 25 participants, we'll have signs along the race course, and recognition during the awards ceremony. Plus, I'd love to set a fundraising goal of \$[Your Goal] to amplify our impact for those struggling with hunger.

For more information about the event and the cause, feel free to reach out or visit [SolveHungerToday.org/FightHunger](http://SolveHungerToday.org/FightHunger). Thank you for considering joining me in this important effort. Together, we can create a stronger, healthier community!

Best,

[Your Name]

[Your Contact Information]