

HUNGER ACTION MONTH BINGO!

Check off 5 boxes in a row to fight hunger, get featured on our social media, earn an orange mascot sticker, and enter for a chance to win a \$50 gift card!

Share a fact about hunger on social media	<u>Purchase some Food Bank merchandise</u>	<u>Register for our Virtual 5K</u>	Donate your weekly coffee allowance to a pantry	Organize a volunteer session at the Food Bank
Offer an item to be auctioned at a Food Bank event	<u>Start a peer to peer fundraiser for the Food Bank</u>	Start a conversation about local food insecurity	Share Food Bank or pantry content on social media	Invite an elected official to visit your local pantry
Call your local pantry and ask how you can help	<u>Follow the Food Bank on social media</u>	Wear orange on September 10!	Ask your employer if they would sponsor a Food Bank event	<u>Host a virtual food drive</u>
Pick veggies from your garden and donate to a local pantry	Sign up for your local CROP Hunger Walk	<u>Start a monthly gift to the Food Bank</u>	Host a lunch and learn at your office about hunger	Go orange digitally for the month by adding a Profile Photo Frame
Donate a grocery store gift card to a local pantry	<u>Organize a food drive for your local pantry</u>	Subscribe to your local pantry's email or newsletter	Read a book about hunger, either to yourself or your kids	Host an event for friends that benefits the Food Bank

*Please see second page for further instructions and links



**NEIGHBORS.
EMPOWERED.**

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Here's some hints on how to check off each box! Return your completed sheet to our Geneva center for your prizes.

- Follow the Food Bank on social media: We're on Instagram, LinkedIn, Facebook, and Tik Tok
- Share a fact on social media: Such as "1 in 9 kids in Northern Illinois face food insecurity"
- Subscribe to local pantry's newsletter: Find local pantries on our website under: Get Groceries
- Share Food Bank content on socials: Share one of our posts, videos, or reels to your followers
- Go orange digitally: For September, feature orange in your social media profile picture
- Start a recurring gift to the Food Bank: Sign up at solvehungertoday.org/monthly
- Donate your weekly coffee allowance to a pantry: See if you can get coworkers to join you!
- Host a virtual food drive: Get started at solvehungertoday.org/how-to-help
- Donate a grocery store gift card to a pantry: Let the pantry decide what items they need most
- Start a peer-to-peer fundraiser: Solve hunger your way! Start at solvehungertoday.org/peer2peer
- Offer an auction item: Contact Tiffany at tking@northernilfoodbank.org for details
- Register for our virtual 5K: Sign up at runsignup.com/Race/IL/Virtual/FightHungerLASTCALL
- Host an event that benefits the Food Bank: Email Elliot at ebaker@northernilfoodbank.org for info
- Ask employer to sponsor an event: If interested, contact Tiffany at tking@northernilfoodbank.org
- Sign up for local CROP Hunger Walk: Check out events.crophungerwalk.org/cropwalks
- Organize a volunteer session: Contact Volunteer Team at volunteer@northernilfoodbank.org
- Call your local pantry and ask how to help: Find local pantries on our website under: Get Groceries
- Start a conversation about local food insecurity: Talk to someone who may want to get involved!
- Host a lunch and learn: Contact Elliot at ebaker@northernilfoodbank.org to learn more
- Organize a food drive for your local pantry: Find local pantries on our website under: Get Groceries
- Wear orange on September 10th: It's Hunger Action Day! Get friends, family or coworkers to join you!
- Read a book on hunger: For kids we recommend "Uncle Willie and the Soup Kitchen"
- Invite an elected official to your pantry: Reach out to a local official and tell them about your pantry
- Donate homegrown vegetables: Find local pantries on our website under: Get Groceries
- Purchase Food Bank merchandise: bonfire.com/store/northern-illinois-food-bank/

* Finished your card or need a hand? Contact Elliot at ebaker@northernilfoodbank.org



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