

# OH SNAP..



**NEIGHBORS.  
EMPOWERED.**

## Resources for SNAP Recipients

SNAP recipients not only receive nutritious food, but they can qualify for the following programs below. Read more about the perks!

### Entertainment

#### Amazon Prime

\$6.99 per month. Enables you to purchase items from Amazon in addition to viewing content  
<https://www.amazon.com/58f8026f-0658-47d0-9752-f6fa2c69b2e2/qualify>

#### Museums for All Program

Gain free or reduced admission to more than 1200 museums throughout the United States simply by presenting you EBT card and photo ID. Search to find a museum near you. [www.museums4all.org/](http://www.museums4all.org/)

#### Park District Discounts

Park districts in Illinois offer discounts to SNAP recipients throughout the year. Check your local park district for more information

### Telephone Service

#### Safelink

Offers a free smartphone with a free monthly cell phone plans. 350 minutes per month, Unlimited text, 4.5 GB of Data. [www.safelinkwireless.com](http://www.safelinkwireless.com)

#### Assurance Wireless

Lifeline Free Government phone program for qualified households. [www.assurancewireless.com](http://www.assurancewireless.com)

#### Life Wireless

Free Unlimited Talk and Text with free high-speed data. <https://www.lifewireless.com/plans>

#### QLink Wireless

Government Benefit Program

Bring your own phone & get free cell phone service. 4.5 GB of data \*\*Unlimited talk, text  
<https://qlinkwireless.com/lifeline-plans/>

### Computers

#### Comcast (Internet Essentials required)

If you are eligible for comcast low-cost internet program, you are also eligible to buy a computer from their low income computer assistance program.

<https://www.xfinity.com/learn/internet-service/internet-essentials/low-cost-computer>

#### Computers with Cause

Working computers provided to students, teachers, parents, elderly, foster homes, shelters, disable us veterans and struggling military families.

<https://www.computerswithcauses.org/application/>

### Computers for the Blind

Computers are available to any individual with a visual impairment in the United States.

<https://computersfortheblind.org/application/>

### Connect All

Low cost desktop & laptop computers for low income individuals and nonprofit organizations.

Units start at \$200 and up. [www.connectall.org](http://www.connectall.org)

### PCs for People

Computer assistance program for people who are low income or receive government benefits such as SNAP, Medicaid or TANF to name a few.

<https://www.pcsforpeople.org/eligibility/>

## Internet Service

### Internet Essentials through Comcast

Low cost internet service for those who receive public benefits. Cost: \$9.95 per month and includes equipment. <https://www.xfinity.com/learn/internet-service/internet-essentials>

### Mediacom

Low cost internet service for \$9.95 per month.

\*If your child qualifies for free or reduced meals in school, you may qualify for discount internet service.

Visit Mediacom for more information! [www.mediacomc2c.com](http://www.mediacomc2c.com)

### AT&T Internet service

Affordable low cost internet service for eligible households \$10.00 per month or less based upon the max speed available to your address. <https://accessatt.solixcs.com/#/home>

## Online Grocery Shopping

### Aldi

Shop online using your EBT benefits. Delivery offered through Instacart, minimum order \$35. Delivery fee \$3.99 per order. [www.aldi.us/pickup-delivery/grocery-pickup](http://www.aldi.us/pickup-delivery/grocery-pickup)

### Amazon

Shop online using your EBT benefits. Free delivery on orders over \$25 with Amazon Core Groceries. \$35 if you use Amazon Pantry & Amazon Fresh \*\*You do not need to have an Amazon Prime account in order to participate. [www.amazon.com/snap](http://www.amazon.com/snap)

### FlashFood

Shop for foods that are nearing its best by date. Browse deals of up to 50% off and pick up your order at participating grocery stores. Additional benefits are provided if you use your SNAP card at the checkout.

<https://www.flashfood.com/>

### Instacart

If you shop online using your SNAP/Link/EBT benefits, you can get those groceries delivered by Instacart. Look no further, Instacart delivers for over 1,400 retailers. For a limited time, customers who use their SNAP/Link/EBT card will have their delivery and pick up fees waived (first 3 orders, see terms and details on your account). Sign up for an account to take advantage of great deals including coupons from retailers.

[www.Instacart.com](http://www.Instacart.com)

### Jewel

Shop online using your EBT benefits at participating locations

[www.jewelosco.com/shop/lp/snap-ebt-pay-at-pickup.html](http://www.jewelosco.com/shop/lp/snap-ebt-pay-at-pickup.html)

## Too Good To Go

Rescue good food from your favorite spot, take advantage of deep discounts and do your part by reducing food waste. <https://www.toogoodtogo.com/en-us>

## Walmart

Shop online using your EBT benefits. Minimum order \$30, delivery charges \$7.95 - \$9.95.

\*\*Delivery not available in all areas. (Partners with Instacart). [www.walmart.com/cp/snap-online](http://www.walmart.com/cp/snap-online)

## Miscellaneous

### Crisis Text Lines

Crisis text is a free service for those suffering from any crisis. Texts are responded too by live agents.

Text HOME to 741741

### ebtEdge

Check your EBT balance, freeze your card if you suspect theft, see when you will receive a deposit and the deposit history, change your pin and request a replacement card. Free to download on your phone in English and Spanish. Additionally, you can read about updates to the SNAP program that can impact your family.

<https://www.ebtedge.com/gov/portal/PortalHome.do>

### Providers

Check your EBT Food Stamp balance, see your EBT purchase history, and find discounts by clipping coupons with this app. You can link your WIC, Child Stimulus Checks, Social Security Income Checks, Paychecks and more, Free to download on your phone in English and Spanish. Additionally, you can read about updates to the SNAP program that can impact your family. [www.joinproviders.com](http://www.joinproviders.com)

### Utility Assistance

LIHEAP: Low Income Home Energy Assistance Program

Nationwide program that helps low income people pay their utility bills. Contact your local Community Action Council to apply. Restrictions apply.

<https://dceo.illinois.gov/communityservices/homeweatherization/communityactionagencies.html>

### YMCA Discounts

Contact your local YMCA for details on free or reduced-price memberships.

**Have more questions or need help,  
reach out to Northern Illinois Food BankSNAP Hotline:**

**(844) 600-7627**

[SNAP@northerilfoodbank.org](mailto:SNAP@northerilfoodbank.org)

[SolveHungerToday.org/snap-food-stamps](http://SolveHungerToday.org/snap-food-stamps)

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