

# Josie & Maya's Story



It's important to keep a growing family healthy and happy. No one knows that better than Josie, a grandmother to 11 grandkids.

Josie often watches her grandchildren while their parents are at work. However, she recently got her license to work as a para-educator, working with individuals with physical, intellectual and developmental disabilities. Going back to work is a great opportunity for her, but it also means she won't be able to spend as much time with her grandkids.

That's why the mobile pantry food distribution at Greater Elgin Family Care Center is so helpful to Josie and her family during this time of transition. Right now, she can shop for groceries while her grandkids play happily nearby.

When we met her, Josie was especially grateful for the fresh produce and dairy she was able to bring home – nutritious groceries she can feed her young grandkids as they grow.

Her granddaughter Maya, three years old, giggled as she lifted a gallon of milk that was almost as big as she was.

"My grandkids totally appreciate [this]," Josie said.

