

Reggie's Story



Reggie has lived in Freeport for over 40 years, making it home for most of his life. It's also home to his girlfriend and her two children, as well as three of his five children.

Before retiring, Reggie worked for 14 years in sales at a car parts store. Now, he's working to maintain his health while dealing with diabetes and signs of kidney failure.

"Medicare pays for most of it, but sometimes it goes out," he shares.

While Reggie does receive help from the Supplemental Nutrition Assistance Program (SNAP), it's not a lot. He budgets carefully, but his monthly income is still difficult to live off of.

That's where Northern Illinois Food Bank and other Rockford-area food pantries come in.

"[Coming here] helps, it really does, with the cost of everything," Reggie says. Now, he is able to take the \$100 on average he has left over each month after paying the bills, and put it toward other expenses.

Getting help with groceries goes so much further than just the kitchen. Together, we can make sure everyone has the help they need, each and every day.

