

POST-LESSON SURVEY

The following questions are about what you think will happen if you eat fruit and vegetables. Tell us how much do you agree or disagree with the following statements?

Please color in one answer for each question.

Site Name: _____

1. I will have more energy for playing (sports, recess or after school) if I eat fruits and vegetables.

Disagree Not Sure Agree

2. I will get sick more often if I don't eat fruits and vegetables.

Disagree Not Sure Agree

3. Eating fruits and vegetables will help me grow.

Disagree Not Sure Agree

4. I will have healthier skin if I eat fruits and vegetables.

Disagree Not Sure Agree

5. If I eat fruits and vegetables, I will have stronger eyes.

Disagree Not Sure Agree

6. If I eat fruits or vegetables at breakfast, I will be able to think better in class.

Disagree Not Sure Agree

7. Eating fruits and vegetables will keep me from getting cavities.

Disagree Not Sure Agree

8. Please write down how old you are in the blank: _____

9. Are you a boy or a girl? Please color in the circle.

Boy Girl

10. How do you describe yourself?

- American Indian or Alaska Native
- Asian
- Black or African American
- Mexican American, Latino, or Hispanic
- Native Hawaiian or Other Pacific Islander
- White
- Other: _____