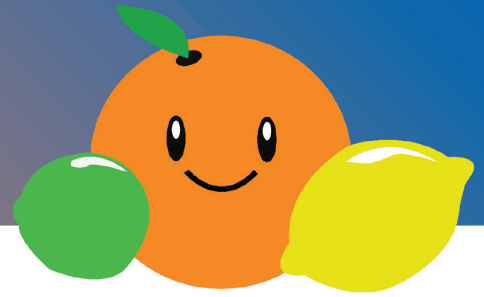


Week 3: Citrus

Citrus Salad



Recipe
Takes 10 minutes
Makes 8 servings

YOU WILL NEED:

cutting board
knife (adults only)
measuring cups
tablespoon measure

mixing bowl
spatula
serving spoon
plates and forks

Ingredients

For 8 servings



1 cup pink grapefruit
segments



1 cup mandarin
oranges



2 tablespoons
honey



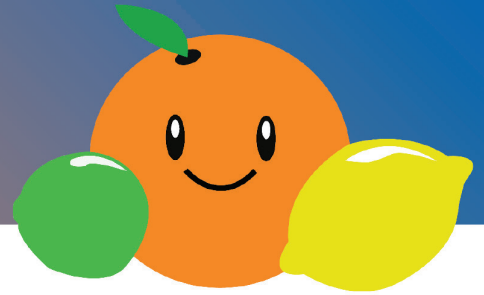
$\frac{1}{4}$ cup chopped
fresh mint
leaves

Preparation

Add all ingredients to the mixing bowl and gently toss together.
Use the serving spoon to serve on to plates.

Week 3: Citrus

Citrus Salad



DIRECTIONS

1. Fill in the blank in the bubble.
2. Color the citrus fruits.

"Feeling sick?
That's OK! _____
saves the day!"

