Recipe
Takes 10 minutes
Makes 5 servings

You will need:
cutting board
knife (adults only)
1/4 cup measure
tablespoon measure
plates and spoons

Ingredients
For 8 servings

5 mini whole wheat pitas
1 1/4 cup low-fat, strawberry or blueberry Greek yogurt
1 1/4 cups assorted berries (strawberries, blueberries, blackberries, raspberries)
5 tablespoons shredded coconut (optional)

Preparation
Lay the mini pita flat on the plate. Spread 1/4 cup of yogurt on top and top with 1/4 cup berries. Sprinkle 1 tablespoon of shredded coconut on top (optional). Repeat for remaining 4 pitas.
DIRECTIONS
1. Fill in the blank in the bubble.
2. Find all the words in the Berry Fun puzzle.

keep your body BERRY healthy!

Berry Fun!

Word List
fruit
raspberry
fun
antioxidant
yummy
healthy
strawberry
blueberry
blackberry